

## **PARENTING 101**

**CLASS** 

### **Class Begins:**

Kalamazoo Sept 3 @ 4:00pm Battle Creek Sep 8 @ 11:00am

The class meets 1 day per week for 6 consecutive weeks.

No cost, all materials are provided.



# ENROLL NOW!

#### Sue Kohl Parent Instructor



269.345.1740 x.206



education@alternativesofkzoo.org

### You will learn:

- About behavior of children
- How to meet the 5 basic needs of children
- How to create a climate of openness for great communication
- How to establish clear boundaries
- Strategies to help children avoid harmful risk
- About expressing unconditional love
- How to understand cyclical behaviors