



ONE HEART
TWO HOMES

Co-Parenting Class

Presented by

Alternatives Care Centers

Are you a:

- Co-Parent
- Stepparent
- Grandparent
- Guardian
- Someone caring for a child in a divorced family

Join us for an exciting new small group that will support you in your co-parenting process.

Classes take place every
Wednesday
for 10 weeks beginning
October 2
at **6:00pm.**



**For More
Information or to
ENROLL TODAY:**

Call
269.238.0240 x.303
or email

brittany@alternativesofkzoo.org

 **Alternatives
Care Centers**

Alternatives Care Centers
4200 W Michigan Ave
Kalamazoo, MI. 49006



Co-Parenting Topics Include:

- **Creating Stability in a Single Parent Home**
- **Single Fathering/Single Mothering - Co-parent Communication**
- **Indicators of Healthy Co-parenting**
- **Learning a New Lingo for the Sake of the Children**
- **Co-parenting Meetings and Planning Agendas**
- **Handling the Handoff**
- **Understanding the “Heart of the Child”**
- **Parental Adjustment, Inter-parental Conflict**
- **The “Top 10 Things” That Kids of Divorce Wish They Could Say to their Parents!**
- **Dealing with Finances**
- **Understanding Abuse, Addiction and Abandonment**
- **Role of the Stepfather/Role of the Stepmother**
- **Understanding the Emerging Adult and How Co-parenting Impacts Kids after Age 18**
- **Graduation, College, Weddings and**
- **“Co-Grand Parenting” - Planning Ahead for Peace and Stability**