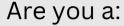


## **Co-Parenting Class**

## Presented by Alternatives Care Centers



- Co-Parent
- Stepparent
- Grandparent
- Guardian
- Someone caring for a child in a divorced family

Join us for an exciting new small group that will support you in your co-parenting process.

Classes take place every

Wednesday

for 10 weeks begining

October 2

at 6:00pm.





For More Information or to ENROLL TODAY:

Call 269.238.0240 x.303 or email brittany@alternativesofkzoo.org



Alternatives Care Centers 4200 W Michigan Ave Kalamazoo. Ml. 49006



## **Co-Parenting Topics Include:**

- Creating Stability in a Single Parent Home
- Single Fathering/Single Mothering Co-parent Communication
- Indicators of Healthy Co-parenting
- Learning a New Lingo for the Sake of the Children
- Co-parenting Meetings and Planning Agendas
- Handling the Handoff
- Understanding the "Heart of the Child"
- Parental Adjustment, Inter-parental Conflict
- The "Top 10 Things" That Kids of Divorce Wish
   They Could Say to their Parents!
- Dealing with Finances
- Understanding Abuse, Addiction and Abandonment
- Role of the Stepfather/Role of the Stepmother
- Understanding the Emerging Adult and How Co-parenting Impacts Kids after Age 18
- Graduation, College, Weddings and
- "Co-Grand Parenting" Planning Ahead for Peace and Stability